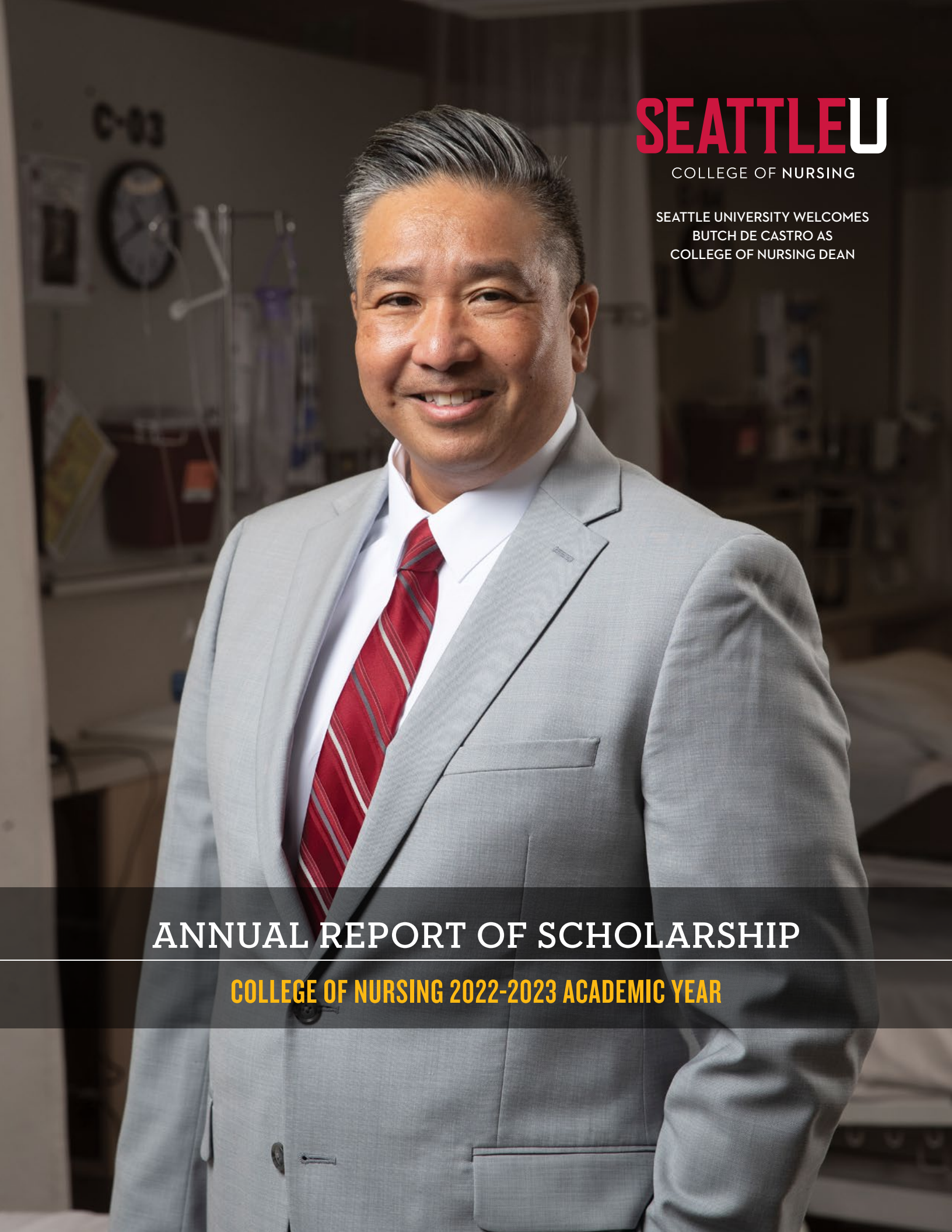

SEATTLEU
COLLEGE OF NURSING

SEATTLE UNIVERSITY WELCOMES
BUTCH DE CASTRO AS
COLLEGE OF NURSING DEAN

ANNUAL REPORT OF SCHOLARSHIP

COLLEGE OF NURSING 2022-2023 ACADEMIC YEAR

"IT WAS A JOY AND HONOR TO BE PART OF A FACULTY AND STAFF WHO ARE SO DEEPLY COMMITTED TO PURSUING OUR MISSION TO EDUCATE AND INSPIRE LEADERS TO TRANSFORM HEALTH CARE FOR A JUST AND HUMANE WORLD," SAID DR. SWANSON. "EVEN MORE GRATIFYING WAS WITNESSING THE GRIT, PASSION AND RESILIENCE OF OUR STUDENTS AND GRADUATES, ESPECIALLY DURING THE CHALLENGES OF THE PAST FEW YEARS."

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A publication of Seattle University College of Nursing
EDITOR: Beth Branchaw, branchb@seattleu.edu
DEAN: BUTCH DE CASTRO, PHD, MSN/MPH, RN, FAAN

GRATITUDE FOR DR. KRISTEN SWANSON'S LEADERSHIP AND SERVICE

Dr. Kristen Swanson, now Dean Emerita, retired from Seattle University June 30, 2023, after serving as Dean of the College of Nursing for just under nine years. The lasting impact of Dr. Swanson's leadership is evident. She was deeply committed to the care and success of students and worked to embed Jesuit values throughout the college. During her deanship, the college saw notable growth in enrollment, expanded program offerings, increased diversity of the student body, a furthering of its already strong reputation for academic excellence, and demonstrated service to the community.

ENROLLMENT GROWTH AND PROGRAM EXPANSION

- Overall enrollments grew by 42% from 635 in 2015 to 1,104 in 2023. Annually, the College now graduates approximately 180 BSN prepared RNs, 22 BS and post-bac certificate prepared Ultrasonographers, and 82 DNP prepared nurse practitioners.
- In 2017, the College fully transitioned advanced practice nursing education to the doctoral level creating more entry options to obtain a DNP for college graduates across the full range of experience levels, from non-nurses to master's prepared nurses.
- Also in 2017, the Diagnostic Ultrasound program joined the College creating a new venue for cross-program learning and opportunities to educate health professionals ready to collaborate in a complex care environment.
- The Adult-Gerontology Acute Care Nurse Practitioner program, which admits both DNP and post-graduate certificate students, was developed and fully launched in 2018.

COMMITMENT TO STUDENTS

- The College's commitment to diversity, equity and inclusion resulted in the fact that 70% of BSN students, 78% of DIUS students and 55% of DNP students at SU are from Black, Indigenous, and other communities of color.
- During Dr. Swanson's deanship, 12 Endowed Scholarships and 6 Scholarship Funds were established, and donor investment in endowments totaled over $4.2M. She also established the Student Financial Emergency Fund, which provides financial assistance to College of Nursing students who are unable to meet immediate, essential expenses because of temporary hardships related to an emergency or crisis.

ACADEMIC EXCELLENCE

The DNP program was ranked 61st in the *U.S. News & World Report* 2023-2024 "Best Graduate Schools." Ranking 61st out of 409 DNP programs nationally placed it among the top 15 percent of nursing schools. The College also demonstrated its academic excellence through the successful re-accreditation of the BSN, DNP, and midwifery programs.

SERVICE TO THE COMMUNITY

A particular point of pride for Dr. Swanson was the relationship she fostered between SU and the Swedish Health System leading to her pivotal role in the establishment of the Swedish Community COVID-19 Vaccination Clinic at Campion Hall. At the height of the pandemic, over 75,000 vaccinations were administered by the clinic. One-fifth of the volunteers were affiliated with SU.

AN ILLUSTRIOUS CAREER

Dr. Swanson has had an illustrious career as an educator, scientist, administrator and consultant. Her past scholarship and research, funded by the National Institutes of Health, focused on caring, responses to miscarriage and interventions to promote healing after early pregnancy loss. Dr. Swanson developed the "Swanson Theory of Caring" which is used as a model for practice, education and research around the world.

Dr. Swanson completed her PhD at the University of Colorado School of Nursing where she received the Lifetime Achievement Award in 2022. She completed postdoctoral studies at the University of Washington where she remained on faculty for more than twenty years. Just prior to joining the Seattle University community, she served as Dean and Alumni Distinguished Professor at the University of North Carolina at Chapel Hill School of Nursing and Associate Chief Nursing Officer for Academic Affairs at University of North Carolina Hospitals.

Among Dr. Swanson's many honors and contributions include selection as a Robert Wood Johnson Executive Nurse Fellow, service on the Board of the American Association of Colleges of Nursing, chairing the Board of Trustees for the Swedish Health System, induction into the Washington State Nurses Association Hall of Fame, membership on the National Advisory Council for the Robert Wood Johnson Foundation Nurse Faculty Scholars Program, and fellowship in the American Academy of Nursing.

We are grateful for Dr. Swanson's leadership and steadfast commitment to our Jesuit values and mission to educate and inspire leaders to transform health care for a more just, equitable and humane world.

INNOVATION AND INCLUSIVITY DRIVE NEW NURSING DEAN

Butch de Castro talks about the future of the College of Nursing and how it is educating nurses for a changing health care landscape.

BY TARA LEE

Before being named Dean of Seattle University's College of Nursing, Butch de Castro, PhD, MSN/MPH, RN, FAAN, was aware that its graduates were highly sought after by health care employers throughout the region.

"This is because of the mission-oriented and values-based approach to health care practice they learn at Seattle University. With graduates being known with those strengths, I was excited about the opportunity to help further that legacy," says de Castro.

Taking the helm from Dean Kristen Swanson, who retired at the end of the 2022-2023 academic year, de Castro began his tenure as Dean on July 1. Before coming to Seattle University, de Castro was a professor in the Department of Child, Family and Population Health Nursing at the University of Washington and served as the school's inaugural Associate Dean for Diversity, Equity and Inclusion. He was also co-director of the Research in Nursing & Global Health training program and director of the Occupational & Environmental Health Nursing graduate training program at the UW.

After graduating from UCLA with a Bachelor of Science in Nursing degree, de Castro began his career as an operating room nurse and then became a public health nurse. He went on to earn a Master of Science in Nursing/Master of Public Health degree as well as a PhD from Johns Hopkins University. Following work in the health policy arena at the U.S. Department of Labor's Occupational Safety and Health Administration and later, with the American Nurses Association, de Castro was a post-doctoral research fellow at the University of Illinois at Chicago, initiating his research on immigrant health.

In this Q&A, Dean de Castro talks about his vision for the College of Nursing, the future of the nursing industry, his favorite spot in Seattle and more.

What made you want to come to Seattle University?

de Castro: I was well aware of the College of Nursing's reputation. Not only is my wife an alum (Rachel Caluag, '03), but many people throughout various health care systems speak so positively of its graduates. I believe strongly in education based in Jesuit tradition and benefited myself from attending a Jesuit high school.

What is your vision for the role?

de Castro: As Dean, I am intent that the College of Nursing pursues actions that actualize Seattle University's Reigniting Our Strategic Directions 2022-2027 to be a 'Jesuit University of Distinction for a Time of Change.' Co-creating with faculty and staff endeavors to meet its goals is a top priority. The prospect to help build out the future of Seattle University really animates me.

It will be important to imbue the operations and milieu of the College of Nursing with principles and ideals that reflect the university's vision and priorities, along with the spirit of the Pacific Northwest.

For example, it alarms me that health care settings—ironically where people are supposed to get well—collectively make up one of the highest polluting industries in the world, which in turn causes illness and disease. I am hoping the College of Nursing can lead in modeling how health care can be taught and carried out in green, sustainable ways. At our Clinical Performance Lab, we will evaluate how we use supplies and equipment that are often made of disposable plastics and toxic metals and look for ways to use products and employ practices that are environmentally friendly.

I am also mindful of how a university education serves as a vehicle for social mobility by providing students across a range of identities and lived experiences a path to a productive, rewarding career. We will enhance our curriculum and improve the student experience in ways that fulfill our mission.

What are some opportunities in the College of Nursing?

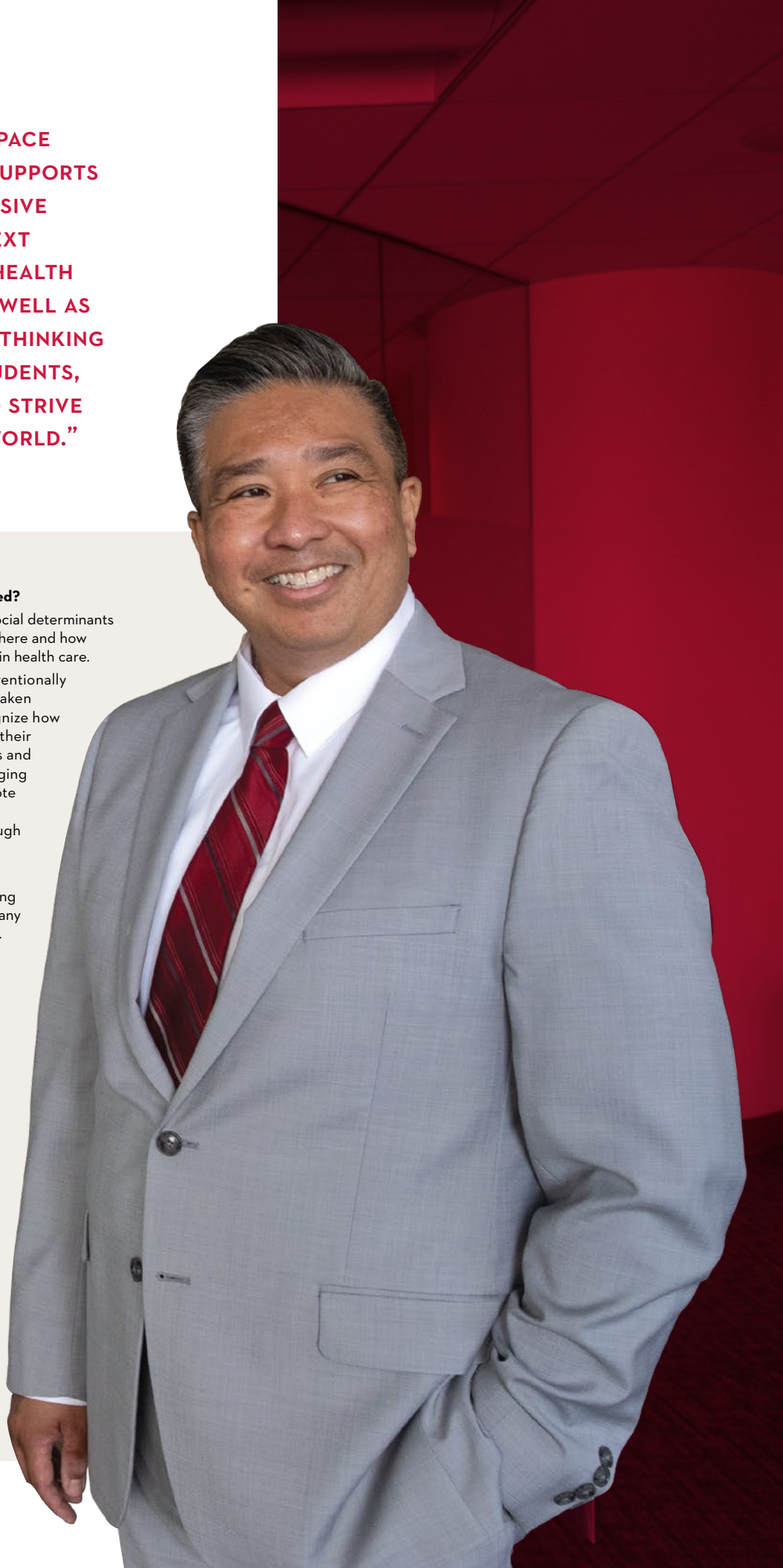
de Castro: In order to advance health equity and provide care that diversifying patient populations deserve, we need to assure students are well-prepared for what is in store for them in professional practice settings. Moreover, we have an increasingly diverse student body who need to see themselves and the communities they identify with represented in their learning, whether the topics they study, the clinical sites where they hone their skills and among course instructors they learn from.

We also have opportunities to create new academic programs in service to community needs. We should be asking what health care practice professions and specializations are needed for the region and beyond.

Where does nursing education need to go?

de Castro: We will see more and more advancements in simulation learning. Technological and pedagogical strategies are emerging with great creativity and potential. We are better understanding how simulation can be effective for health professions training. Plus, simulation learning offers students safer, yet realistic, ways of experiencing patient care, especially when hospital and clinic settings are constrained more than ever to host students.

"I WANT TO FOSTER A SPACE THAT MOTIVATES AND SUPPORTS INNOVATIVE AND INCLUSIVE WAYS OF PREPARING NEXT GENERATIONS OF THE HEALTH CARE WORKFORCE, AS WELL AS MODELS PROGRESSIVE THINKING THAT INSPIRES OUR STUDENTS, FACULTY AND STAFF TO STRIVE FOR A JUST, HUMANE WORLD."



How is nursing different than when you started?

de Castro: There is greater appreciation for social determinants of health, those upstream factors that shape where and how people live, learn, work, play, worship and obtain health care.

When I started, illness and disease were conventionally viewed as an individual-level problem. It has taken awhile for health care providers to fully recognize how a person's circumstances in society influence their health. As a result, we are seeing more nurses and other health care professionals actively engaging in public policy and politics as a way to promote health and wellness at the population level, in addition to providing care to individuals through their clinical roles.

Favorite spot in Seattle?

de Castro: On a Washington state ferry, crossing Puget Sound waters. Or any seat, any section, any stadium where a Seattle sports team is playing.

When not working how do you like to spend your time?

de Castro: Playing board games with my children and strumming hip hop and pop songs on the ukulele.

What are you reading now?

de Castro: *Together: The Healing Power of Human Connection in a Sometimes Lonely World* by Vivek H. Murthy, MD, U.S. Surgeon General.

It discusses how loneliness is increasingly becoming a driver of poor physical and psychological health. The book points out how we are social creatures who rely and thrive on meaningful interpersonal engagement. Often college students tend to feel lonely, isolated and even possibly struggle with imposter syndrome. We must make efforts and extend the care to build a campus community where all feel they truly belong, while honoring diversity of identities and perspectives.

Seattle University College of Nursing First in Northwest to Receive "Healthcare Simulation Standards Endorsement"

In June 2023, the College of Nursing was recognized as a recipient of the "Healthcare Simulation Standards Endorsement" by the International Nursing Association of Clinical Simulation and Learning (INACSL) for the Core Four Standards of: Prebriefing, Debriefing, Facilitation, and Professional Integrity.

The endorsement publicly recognizes the College of Nursing for excellence in creating simulation experiences that enhance student learning and a commitment to fully applying simulation standards from the Healthcare Simulation Standards of Best Practice™ into its program.

The College of Nursing's Clinical Performance Lab is a highly utilized simulation hub that houses a 24-bed simulated hospital, a 6-room simulated outpatient clinic and 3 high-fidelity simulation suites. During the first 6 months of 2023, over 1,000 students participated in 130 high-fidelity simulations, including 9 different clinical scenarios focusing on pediatric, adult, reproductive health, older adult and acute care.

Seattle University's Bachelor of Science in Nursing program is the first 4-year nursing program in the entire Northwest region to earn this distinction, shared by only 30 nursing schools across the country. The INACSL Endorsement is valid for three years, through 2026, at which time the college will submit for a renewed and extended endorsement of five years.

THE COLLEGE OF NURSING'S CLINICAL PERFORMANCE LAB IS A HIGHLY UTILIZED SIMULATION HUB

24

24-BED SIMULATED HOSPITAL

6

6-ROOM SIMULATED OUTPATIENT CLINIC

3

3 HIGH-FIDELITY SIMULATION SUITES

DURING THE FIRST 6 MONTHS OF 2023

Over **1,000** students

participated in **130** high-fidelity simulations

9 different clinical scenarios covering pediatric, adult, reproductive health, older adult and acute care

SCHOLARSHIP

PUBLICATIONS

JENNIFER FRICAS, PhD, MPH, RN

Fricas, J. (2022). Towards an anticolonial photovoice: A research practice guide to theoretical and methodological considerations. *Journal of Participatory Research Methods, 3*(2). https://doi.org/10.35844/001c.37606

Van Baak, B., Powell, A., Fricas, J., & Caupain Sanderson, A. (2023). Essential nursing actions to reduce inequities for Black women in the perinatal period. *Journal of Obstetric, Gynecologic & Neonatal Nursing*. https://doi.org/10.1016/j.jogn.2023.07.002

BERNICE GULEK-BAKIRCI, PhD, ARNP

Zirpe, K. G., Alunpipatthanachai, B., Matin, N., Gulek, B. G., Blissitt, P. A., Palmieri, K., ... & Collaborators, S. N. T. (2023). Benchmarking hospital practices and policies on intrahospital neurocritical care transport: The Safe-Neuro-Transport Study. *Journal of Clinical Medicine, 12*(9), 3183.

Hanmer, J., Cizik, A. M., Gulek, B. G., McCracken, P., Swart, E., Turner, R., & Kinsky, S. M. (2022). A scoping review of U.S. insurers' use of patient-reported outcomes. *American Journal of Managed Care, 28*(6).

Sayin, Y., & Gulek, B. G. (2022). Observational retrospective cohort two centered study on external ventricular drain-related infections in U.S. and Turkey. *Turkish Neurosurgery, 32*(1).

YUTING LIN, PhD, RN

Ramirez, J., Ro, K., Lin, Y., Thomas, A., De Nysschen, M., Smart, A., & Robinson, G. (2022). Exploring alternative forms of scholarship for nurse educators' success. *Journal of Professional Nursing: Official Journal of the American Association of Colleges of Nursing, 43*, 68–73. https://doi.org/10.1016/j.profnurs.2022.09.001

JILA MIRLASHARI, PhD, RN

Mirlashari, J., Pederson, A., Lyons, J., & Brotto, L. A. (2023). "Don't Turn a Blind Eye": An instruction for supporting meaningful conversations about gender-based violence during perinatal care. *The Canadian Journal of Nursing Research = Revue Canadienne de Recherche en Sciences Infirmieres, 55*(3), 354–364. https://doi.org/10.1177/08445621231171976

Fadaei, Z., Mirlashari, J., Nikbakht Nasrabadi, A., & Ghorbani, F. (2023). Silent mourning: Infant death and caring for Iranian parents under the influence of religious and socio-cultural factors. *Journal of Religion and Health, 62*(2), 859–878. https://doi.org/10.1007/s10943-022-01684-5

Yaghoobzadeh, A., Asgari, P., Nasrabadi, A.N. et al. (2023). Explaining the process of formation of ageism among the Iranian older adults. *BMC Psychology 11*, 123. https://doi.org/10.1186/s40359-023-01153-y

Moshtagh, M., Mirlashari, J., & Brown, H. (2023). Experiences of women with cancer living in the rural areas of Iran during the COVID-19 pandemic: A qualitative study. *Supportive Care in Cancer: Official Journal of the Multinational Association of Supportive Care in Cancer, 31*(7), 376. https://doi.org/10.1007/s00520-023-07847-8

BC Women's Hospital + Health Centre and Ending Violence Association of BC. (2023). *Changing Perceptions of Sexual Assault: Research Findings and Recommendations for Improving the Healthcare Response.* Vancouver, BC. http://www.bcwomens.ca/health-professionals/professional-resources/addressing-gender-based-violence/changing-perceptions-of-sexual-assault

ROBIN NARRUHN, PhD, RN

Narruhn, R., & Espina, C. R. (2022). "I've Never Been to a Doctor": Health care access for the Marshallese in Washington State. *Advances in Nursing Science*. https://doi.org/10.1097/ANS.0000000000000456

Shook, A., Espina, C., & Narruhn, R. (2023). Suffering among the Overlooked, Unseen, and Systematically Excluded. In B. Rosa & B. Ferrell (Eds.), *The nature of suffering and the goals of nursing* (2nd Ed.). Oxford University Press.

KUMHEE RO, DNP, FNP-BC, FAAN, FAANP

Ramirez, J., Ro, K., Lin, Y., Thomas, A., De Nysschen, M., Smart, A., & Robinson, G. (2022). Exploring alternative forms of scholarship for nurse educators' success. *Journal of Professional Nursing: Official Journal of the American Association of Colleges of Nursing, 43*, 68–73. https://doi.org/10.1016/j.profnurs.2022.09.001

Ro, K., & Villarreal., J. (2023). Desired and received support as experienced by faculty of color in nursing academia: A qualitative study. *Journal of Professional Nursing, 48*, 173-180.

GAYLE ROBINSON, PhD, RN

Ramirez, J., Ro, K., Lin, Y., Thomas, A., De Nysschen, M., Smart, A., & Robinson, G. (2022). Exploring alternative forms of scholarship for nurse educators' success. *Journal of Professional Nursing: Official Journal of the American Association of Colleges of Nursing, 43*, 68–73. https://doi.org/10.1016/j.profnurs.2022.09.001

Canty, L., & Robinson, G. (2022). The relentless school nurse: Reckoning with racism in nursing. *American Nurse*. https://www.myamericannurse.com/the-relentless-school-nurse-experience-a-reckoning-with-racism-in-nursing/

Canty, L., Robinson, G., Manning, F., Hagedorn, S., & Hagedorn, L. (2022). Interviews with nurses of color and their allies. *Reckoning with Racism in Nursing*.

LeBlanc, R., Canty, L., Manning, F., Mosley, S., & Robinson, G. (2023). Our voices: Storytelling and listening in anti-racism educational practice. In C. Santana, R. Risam, C. Garcia-Guevara, J. Krupczynzki, C. Lynch, J. Reiff, C. Vincent, E. Ward (Eds.), *Anti-racist community engagement: Principles and practices*. Campus Compact, Stylus Publishing.

ALIC SHOOK, PhD, RN

Tordoff, D., Minalga, B., Trejo, A., Shook, A., Kerani, R., & Herbeck, J. (2023). Lessons learned from community engagement regarding phylodynamic research with molecular HIV surveillance data. *Journal of the International AIDS Society, 26*(S1):e26111.

Shook, A., Espina, C., & Narruhn, R. (2023). Suffering among the Overlooked, Unseen, and Systematically Excluded. In B. Rosa & B. Ferrell (Eds.), *The nature of suffering and the goals of nursing* (2nd Ed.). Oxford University Press.

Rosa, W. E., Metheny, N., Shook, A., & Adedimeji, A. A. (2023). Safeguarding LGBTQ+ lives in an epoch of abandonment. *The Lancet Global Health, 11*(9), e1329-e1330. https://doi.org/10.1016/S2214-109X(23)00353-4

MO-KYUNG SIN, PhD, RN, FAAN, FGSA

Sin, M. K., Cheng, Y., Roseman, J., Zamrini, E., & Ahmed, A. (2023). Relationships between cerebral vasculopathies and microinfarcts in a community-based cohort of older adults. *Journal of Clinical Medicine, 12*(11), 3807. PMID: 37298002.

Sin, M. K., Lee, J. A., Murphy, P., Faselis, C., & Ahmed, A. (2023). Upper extremity weakness: A novel risk factor for non-cardiovascular mortality among community-dwelling older adults. *Archives of Gerontology & Geriatrics, 112*:105021, PMID: 37058816.

Sin, M. K., Cheng, Y., Roseman, J., Latimer, C., Ahmed, A., & Zamrini, E. (2023). Characteristics and predictors of Alzheimer's resilience phenotypes. *Journal of Clinical Medicine, 12*(7), 2463, PMID: 37048547.

DIANE FULLER SWITZER, DNP, ARNP, FNP-BC, ENP-BC, ENP-C, FAEN, FAAN, FAANP

Davis, W., Denke, N., Hallman, M. G., House, D. Switzer, D., & Wilbeck, J. (2022). Guest editorial: Collaboration Yields 2021 ENP Competencies. *Journal of Emergency Nursing, 48*(6), 621-622.

Davis, W. D., Halman, M. G., Denke, N. J., House, D.T., Fuller Switzer, D., & Wilbeck, J. (2022). A collaboration to unify emergency nurse practitioner competencies. *The Journal for Nurse Practitioners, 18*(8), 889-892. https://doi.org/10.1016/j.nurpra.2022.06.014

Fuller Switzer, D. (2023). Genitourinary disorders: Abnormal uterine bleeding. In Fuller, V. J., & McCauley, P. S., (Eds.) *Textbook for the adult-gerontology acute care nurse practitioner: Evidence-based standards of practice (1st ed.).* Springer Publishing.

American Academy of Emergency Nurse Practitioners (2022). *Practice toolkit for advanced practice registered nurses in emergency care.* https://aaenp.memberclicks.net/assets/docs/Toolkit_Final%20Draft%2012.19.22.pdf

COLLEGE OF NURSING WELCOMES DISTINGUISHED NURSE SCHOLAR

Dr. Tener Goodwin Veenema joined the Seattle University community as the 2023 Dr. Luth M. Tenorio College of Nursing Dean's Endowed Lecturer. Her topic, "The Dual Crisis of Primary Care and Public Health in the U.S.: The Role for Nursing" outlined current challenges facing health care systems in the U.S. Dr. Veenema is Senior Scholar at the Johns Hopkins Center for Health Security and a Senior Scientist in the Department of Environmental Health and Engineering at the Johns Hopkins Bloomberg School of Public Health.

PRESENTATIONS

LISA ABEL, DNP, ARNP, WHNP-BC

Abel, L. (2022, July 22). *The menstrual cycle: Abnormal uterine bleeding and Endometrial biopsy* [Presentation for NP residents]. SeaMar, Seattle, WA, Virtual.

Abel, L. (2022, October 28). *Increasing access to cervical cancer screening in underserved communities* [Conference presentation]. Advanced Practice in Primary Care Conference, Seattle, WA.

FATEMEH CHOUPANI, PhD, RN

Mirlashari, J., & Choupani, F. (2023, June). *Panel research presentation: Clinical teaching experience.* [Invited panel presenter]. Nurse Educators Conference 2023: Bridging the Gap State, University of Washington School of Nursing, Seattle, WA.

THERRY ROSE EPARWA, DNP, FNP-BC

Eparwa, T. R. J. (2022). *Caring for the Filipino community* [Workshop presentation]. Caring for Communities: Nursing Careers in Population Health Workshop. Washington Center for Nursing and University of Washington School of Nursing, Seattle, WA.

JENNIFER FRICAS, PhD, MPH, RN

Fricas, J. (2022, October). *Getting to the heart of conscientização: Personal and political aspirations of a critical consciousness through photovoice* [Invited panel presentation]. 30 Years of Photovoice: Past, Present, and Future Conference, Virtual.

Fricas, J. (2022, November). *Engaging undergraduate nursing students in university-wide COVID-19 prevention and response: A public health nursing case study* [Conference presentation]. American Public Health Association Annual Conference, Boston, MA.

Garcia, D., Fricas, J., & Orellana, L. (2022, November). *Seattle University—University of Saint Francis Xavier virtual dialogues on nursing education methodologies* [Conference presentation]. XVII Pan American Nursing Research Colloquium, Miami, FL.

Vargas, M., Olivera, E., Orellana, L., Fricas, J., & Garcia, D. (2022, November). *Respuesta de las enfermeras a la pandemia COVID-19 en Bolivia: Encuesta nacional* [Conference presentation]. XVII Pan American Nursing Research Colloquium, Miami, FL.

Shannon Dorcy, K., Sanger, B., Austnes, K., De Leon, K.C., Johnson, B., Kurokawa, K., Laskin, A., Su, D., Yequi, Z., Fricas, J., & Narruhn, R. (2022, November). *Examination of structural bias experienced by Black people in healthcare utilization* [Conference poster]. American Public Health Association Annual Conference, Boston, MA.

DAISY S. GARCIA, PhD, RN

Garcia, D. S. (2022, November). *Sucre-Seattle virtual dialogues on nursing education methodologies* [Conference presentation]. XVII Pan American Nursing Research Colloquium: Building the Future of Nursing for Universal Health, University of Miami, School of Nursing & Health Studies, Miami, FL.

Garcia, D. S., & Vargas-Vargas, M. (2022, November). *Respuesta de las Enfermeras a la Pandemia COVID-19 en Bolivia (Nursing response to COVID-19 Pandemic in Bolivia)* [Conference presentation]. XVII Pan American Nursing Research Colloquium: Building the Future of Nursing for Universal Health, University of Miami, School of Nursing & Health Studies, Miami, FL.

Vargas Vilela, M., & Garcia, D. S. (2022, November). *Knowledge diffusion pertaining to women and children nursing care: A cross-sectional and intervention study* [Conference poster]. XVII Pan American Nursing Research Colloquium: Building the Future of Nursing for Universal Health, University of Miami, School of Nursing & Health Studies, Miami, FL.

BERNICE G. GULEK-BAKIRCI, PhD, RN, ACNP

Maxin, A.J., Gulek, B. G., Lim, D. H., McGrath, L. B., & Levitt, M. R. (2023). *The pupillary light reflex detects large vessel occlusion* [Poster presentation]. Annual International Stroke Conference, Cerebrovascular Systems of Care, San Francisco, CA.

AMANDA HEFFERNAN, PhD, CNM, ARNP

Heffernan, A. (2022, September 6). *Pregnancy during and after immigration detention in the United States: Hearing the experiences of migrant women (Embarazo durante y después de la detención migratoria en los Estados Unidos: Escuchando las experiencias de mujeres migrantes)* [Conference presentation]. Seminario Red Jesuita Con Migrantes-Centroamérica y Norteamérica (RJM-CANA), Virtual.

Heffernan, A. (2022, May 26). *El embarazo en los centros de detención migratorios de los Estados Unidos: La necropolítica de genero de la opresión reproductive* [Conference presentation]. Seminario Estudios Críticos del Derecho y Migraciones, Universidad Nacional Autónoma de México, Mexico City, Mexico, Virtual.

Heffernan, A. (2023, April 21). *Pregnancy in United States immigration detention: Listening to migrant women's stories* [Conference presentation]. Western Institute of Nursing Conference, Tucson, AZ, Virtual.

BENJAMIN HOCUTT, MSN, AG-ACNP

Hocutt, B. (2022). *"Hitting the Target!" Achieving optimal GDMT dosing in heart failure with reduced ejection fraction* [Conference presentation]. The National Conference for the American Association of Nurse Practitioners, Orlando, FL.

Hocutt, B. (2022). *GDMT and treatment inertia* [Conference presentation]. The Annual Meeting of the Washington State Chapter of the American College of Cardiology, Seattle, WA.

SUZAN GRIFFIS KNOWLES, DNP, RN-BC

Switzer, D., & Knowles, S. (2023, April). *Ethics crisis standards of care simulation photography* [Poster presentation]. Dr. Luth M. Tenorio College of Nursing Dean's Endowed Lectureship, Seattle, WA.

Continued on page 8

JILA MIRLASHARI, PhD, RN

Mirlashari, J., & Choupani, F. (2023, June). *Panel research presentation: Clinical teaching experience.* [Invited panel presenter]. Nurse Educators Conference 2023: Bridging the Gap State, University of Washington School of Nursing, Seattle, WA.

PATRICK J. M. MURPHY, PhD

Murphy, P. (2023, May). *Meet 'The Pharms': Gamified augmented reality for enhanced memorization and retention of essential drug facts* [Conference presentation]. 2023 American Society for Pharmacology & Experimental Therapeutics Annual Conference, St. Louis, MO.

ROBIN NARRUHN, PhD, RN

Narruhn, R., Woo, J., & Chinn, P. (2022, July 30-August 3). *The challenges of decolonizing the publishing "Industry Leadership"* [Conference presentation]. International Academy of Nurse Editors, Nashville TN.

Narruhn, R. (2022, August 17-22). *From biopower to liberated praxis: Justice for the Ri Majel* [Conference podium presentation]. International Nursing Philosophy Conference, University of California, Irvine, CA.

KUMHEE RO, DNP, FNP-BC, FAAN, FAANP

Mokel, M., & Ro, K. (2022, September 7). Mentoring and support for underrepresented faculty: Research review [Audio podcast episode]. In *Nurse Educator Tips for Teaching*. Nurse Educator Podcast. https://nurseeducatorpodcast.libsyn.com/

Ro, K. (2023, March). *A year on the Hill: A nursing fellow's journey* [Podium presentation]. American Association of College of Nursing's 2023 Student Policy Summit, Washington, DC.

Ro, K. (2023, June). *An analysis of the Rural Health Workforce in the United States National Academy of Medicine* [Podium presentation]. Robert Wood Johnson Foundation, Washington, DC.

Ro, K. (2023, June). *AACN's Health Policy Advisory Council retreat speaker* [Podium presentation]. American Association of College of Nursing, Washington, DC.

GAYLE ROBINSON, PhD, RN

Canty, L., Robinson, G., LeBlanc, R., & Manning, F. (2022, October). *Nurses reckoning with racism* [Presentation]. University of Massachusetts, Virtual.

Canty, L., Robinson, G., Moore, R., Hagedorn, S., Story Center, & Manning, F. (2022, October). *Nurse documentary* [Video]. Reckoning with Racism in Nursing.

Canty, L., Robinson, G., Lambert, J., LeBlanc, R., Mosely, S., Vo, T., & Manning, F. (2023, June). *Developing a national community of nurses to build an archive of stories* [Presentation]. Digital Story Telling (DST) 2023, Virtual.

MO-KYUNG SIN, PhD, RN, FAAN, FGSA

Sin, M. K., Cheng, Y., Roseman, J., Zamrini, E., & Ahmed, A. (2022, November). *Prevalence, burden, and location of cerebral microinfarcts and their association with late-life blood pressure* [Paper presentation]. Gerontological Society of America, Indianapolis, IN.

Sin, M. K. (2023, February 7). *Relationship between late-life blood pressure and cerebral microinfarcts in octogenarians: An observational autopsy study* [Invited presentation]. Faculty Lightening Talks, Seattle University Office of Sponsored Projects, Seattle, WA.

Sin, M. K., & Ahmed, A. (2023, April). *Upper extremity weakness: A novel risk factor for non-cardiovascular mortality among community-dwelling older adults* [Conference poster presentation]. Western Institute of Nursing, Tucson, AZ.

DIANE FULLER SWITZER, DNP, ARNP, FNP-BC, ENP-BC, ENP-C, FAEN, FAAN, FAANP

Fuller Switzer, D. (2022, August 23). *Ethics: Crisis standards of care simulation exercise for AGACNP nurse practitioner students* [Conference presentation]. International Council of Nurses (ICN) Nurse Practitioner/Advanced Practice Nurse (APN) Network Conference, Dublin, Ireland.

Grussgott, J., & Fuller Switzer, D., (2022, November 5). *History and evolution of the nurse practitioner* [Conference presentation]. Japanese Nurse Practitioner Association Conference, Virtual

Fuller Switzer, D., & Griffis Knowles, S. (2023, April). *Ethics: Crisis standards of care simulation* [Poster presentation]. Deans Annual Lecture, Seattle University College of Nursing, Seattle, WA.

Fuller Switzer, D., & Griffis Knowles, S. (2023, June). *Ethics: Crisis standards of care simulation [Poster presentation]*. Seattle Nursing Research Consortium Conference, Seattle, WA.

BEN WHITE, PhD, RN

White, B., Walsh, E., Ridling, D., & Willgerodt, M. (2023, April). *Exploring predictors of resilience in pediatric nurses* [Conference presentation]. Western Institute of Nursing Conference, Phoenix, AZ.

ADVISED BY LEADERS IN HEALTH CARE AND ACADEMIA

The College of Nursing thanks members of its 2022-2023 Academic Advisory Board for their time and service dedicated to assuring quality education and learning experiences for our students.

Julie Baxter, MSN, RN, NPD-BC

Bonnie Bowie, PhD, MBA, RN

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Kristen Swanson, PhD, RN, FAAN

Sylvain Trepanier, DNP, RN

Danuta Wojnar, PhD, RN, MED, IBCLC, FAAN

STUDENT SCHOLARLY PROJECTS

DOCTOR OF NURSING PRACTICE

ADULT-GERONTOLOGY ACUTE CARE NURSE PRACTITIONER PROGRAM

Chin, Jenesa Monteya Negrin. *Needs assessment to improve sepsis bundle compliance in the emergency department.* Advisor: Diane Fuller Switzer, DNP, ARNP, FNP/ENP-C, ENP-BC, CEN, CCRN, FAEN, FAANP.

Filitovic, Alesia. *Critical analysis of an awake prone positioning protocol at a community hospital.* Advisor: Benjamin Miller, PhD, ARNP, FNP-C, ACNPC, ENP-C, FAANP.

Freyfogle, Anna Mee-Joo. *A retrospective analysis of risk factors related to surgical site infection incidence following spine surgery.* Advisor: Bernice Gulek-Bakirci, PhD, ARNP.

Inko-Tariah, Joy Bekinbo. *Colorectal cancer prevention and early detection in Black African and African American males.* Advisor: Benjamin Miller, PhD, ARNP, FNP-C, ACNPC, ENP-C, FAANP.

Lee, Jacelyn Ya Wen. *Program evaluation of a transitional care program to reduce heart failure readmissions.* Advisor: Benjamin Miller, PhD, ARNP, FNP-C, ACNPC, ENP-C, FAANP.

Maierhofer, Rae. *Needs assessment to improve sepsis bundle compliance in the emergency department.* Advisor: Diane Fuller Switzer, DNP, ARNP, FNP/ENP-C, ENP-BC, CEN, CCRN, FAEN, FAANP.

Norris, Heather. *Implementation of a CPR coach within code team roles in accordance with The American Heart Association 2020 Guidelines.* Advisor: Diane Fuller Switzer, DNP, ARNP, FNP/ENP-C, ENP-BC, CEN, CCRN, FAEN, FAANP.

Odoh, Victoria. *Nurses perceived barriers to performing bedside reports.* Advisor: Robin Narruhn, PhD, RN.

Radford, Tina Tuyet Nhi. *Program evaluation of a transitional care program to reduce heart failure readmissions.* Advisor: Benjamin Miller, PhD, ARNP, FNP-C, ACNPC, ENP-C, FAANP.

Santos, Kristine Cara Tanglao. *Improving acute pain management for older adults with cognitive impairments: A toolkit and competency training for nurses.* Advisor: Mo-Kyung Sin, PhD, RN, FAAN, FGSA.

Torchilo, Fedor Vyacheslavovich. *Identifying nurse-reported barriers and facilitators to timely rapid response team activation.* Advisor: Bernice Gulek-Bakirci, PhD, ARNP.

ADULT-GERONTOLOGY PRIMARY CARE NURSE PRACTITIONER PROGRAM

Dines, Jessica M. *Implementation of dementia-specific training for direct care staff to improve quality of care standards.* Advisor: Mary Shelkey, PhD, GNP-BC, ARNP.

Jones-Alvey, Alix Ellison. *Swedish Palliative Care Program evaluation: Proof of concept.* Advisor: Bonnie Bowie, PhD, MBA, RN, FAAN.

Kahl, Erica Lynn. *Depression screening insights: A gap analysis.* Advisor: Colleen Woolsey, PhD, ARNP.

Rutski, Kristan. *Improving quality of end-of-life care through increased education and confidence of Aegis Living nursing assistants.* Advisor: Anita Jablonski, PhD, RN, CNE.

CERTIFIED NURSE-MIDWIFERY PROGRAM

D'Avignon, Aimee Lauren. *Trauma-informed care training in women's healthcare.* Advisor: Elizabeth Gabzdyl, CNM, DNP, ARNP.

Fowler, Trina Mary. *Evaluating a wellness program for PCOS care using the Health Belief Model.* Advisor: Elizabeth Gabzdyl, CNM, DNP, ARNP.

Frazier, Morgan. *Supporting pregnant people in prenatal physical activity & exercise: Brief in-service training integrating the 6 Rs Framework to facilitate counseling by healthcare providers.* Advisor: Jennifer Fricas, PhD, MPH, RN.

Freeborn, Tara Lynn. *Discontinuation of Oxytocin in the active phase of labor, A viable option for induction of labor.* Advisor: Kelly McBroom, PhD, ARNP, CNM.

Luu, Sandy Tang. *Evaluating the outcome of TeamBirth Initiative at Swedish Medical Center-First Hill.* Advisor: Lisa Abel, DNP, ARNP, WHNP-BC.

Moon, Juniper. *Eyes wide shut: Disrupting the myth of cultural competency in healthcare.* Advisor: Robin Narruhn, PhD, RN.

Nicholson, Molly. *Trauma-informed care training in women's healthcare.* Advisor: Elizabeth Gabzdyl, CNM, DNP, ARNP.

Oliver, Isla Sage. *Improving the delivery of preconception counseling in primary care settings: A student-focused approach.* Advisor: Elizabeth Gabzdyl, CNM, DNP, ARNP.

Sanchez, Vivianne Amparo. *Prenatal infant feeding self-efficacy screening: A DNP quality improvement mixed methods approach for prenatal provider intervention opportunities.* Advisor: Carrie Miller Ph.D., RN, CHSE, CNE, IBCLC.

Schumer, Hilary. *Barriers to attending vaginal breech birth in the American healthcare system: A qualitative analysis.* Advisor: Elizabeth Gabzdyl, CNM, DNP, ARNP.

Valdes, Victoria Marie. *Discontinuation of Oxytocin in the active phase of labor: A viable option for induction of labor.* Advisor: Kelly McBroom, PhD, ARNP, CNM.

Villa, Leslie Vanessa. *Barriers and facilitators to the integration of doulas in the hospital setting: A needs assessment in support of advancing partnerships with doulas.* Advisor: Lisa Abel, DNP, ARNP, WHNP-BC.

FAMILY NURSE PRACTITIONER PROGRAM

Adan, Sahra. *Education intervention to increase awareness about cervical cancer and screening in Somali women.* Advisor: Robin Narruhn, PhD, RN.

Ahumada, Isabela Talí Reyna, *Measuring the impact and satisfaction rates of Promotor de Salud-led health programs in Yakima County.* Advisor: Jennifer Fricas, PhD, MPH, RN.

Aranca, Erika. *Development of an adolescent PrEP toolkit for clinicians and nurses in primary care.* Advisor: Alic Shook, PhD, RN.

Azzaidani, Amani Abdelfattah Daher. *Improving confidence and knowledge in Muslim mental health: Cultural competency training for healthcare workers.* Advisor: Elizabeth Gallagher, DNP, ARNP, FNP-BC.

Barrero, Javier. *Exploring retention and motivation factors in opioid use disorder treatment.* Advisor: Courtney Foss, DNP, APRN, FNP-C.

Bernhards, Sarah. *Improving primary care provider communication strategies on eating disorders and body image concerns for adolescent patients.* Advisor: Benjamin White, PhD, RN.

Bhagawati, Devaswa. *Zone tools for symptomatic heart failure: A mixed-methods approach.* Advisor: Anita Jablonski, PhD, RN, CNE.

Cruz, Lesley Ann. *Mitigating secondary traumatic stress with mindfulness-based interventions for nursing students and frontline healthcare workers.* Advisor: Heather Balser, DNP, MSNEd, RN, RYT.

DeBoer, Nicole Carolyn. *The evaluation of in-person vs. telemedicine follow-up appointments and weight loss success for rural bariatric surgery patients: A comparative study.* Advisor: Patrick Murphy, PhD.

Galindo, Sabrina R. *The evaluation of in-person vs. telemedicine follow-up appointments and weight loss success for rural bariatric surgery patients: A comparative study.* Advisor: Patrick Murphy, PhD.

Gibson, Brooke A. *Improving asthma treatment protocols in the practice setting.* Advisor: Patrick Murphy, PhD.

Green, Devon Renee. *Safe care transitions and medication distribution at camp for youth with disabilities.* Advisor: Suzan Knowles, DNP, RN-BC.

Hall, Laura Charlene. *Continuous versus bolus feeding in hospitalized older patients: The need to feed.* Advisor: Mary Shelkey, PhD, GNP-BC, ARNP.

Hassan, Mohamud M. *Improving knowledge and understanding of DASH Diet in the Somali immigrant population: An educational intervention.* Advisor: Courtney Foss, DNP, APRN, FNP-C.

Hawker, Kara J. *Changing practice patterns of PCPs on the management of atrial fibrillation through education.* Advisor: Benjamin Miller, PhD, ARNP, FNP-C, ACNPC, ENP-C, FAANP.

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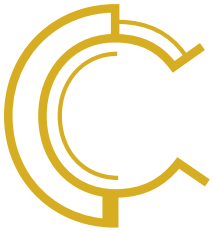
DIVERSIFYING HEALTH CARE

BY TINA POTTERF



College of Nursing receives $2.5M grant to help expand the number of BIPOC doctoral nursing practitioners and increase outreach to underrepresented populations.

A new grant awarded to the College of Nursing will help prepare doctoral nursing students in an effort to increase health care providers in underserved urban and rural areas, while also expanding the diversity of the workforce to include more BIPOC professionals particularly in the areas of primary care, midwifery and mental health.

Associate Dean for Graduate Programs Dr. Bonnie Bowie, PhD, MBA, RN, FAAN, was awarded the $2.5 million grant from the Advanced Nursing Education Workforce HRSA (Health Resources and Services Administration). Covering four years, the grant will support several initiatives including:

Partial scholarships for roughly three dozen primary care, midwifery and psychiatric mental health Doctor of Nursing Practice (DNP) students each year that will include travel and lodging for travel to rural areas in southwest Washington and northeast Montana.

Funding for creating a BIPOC peer mentorship program and for faculty to attend a yearlong DEI workshop in partnership with Seattle University's Office of Diversity and Inclusion.

The grant will also cover a half-time program support person as well as funds for the College of Nursing to obtain a continuing education license and for faculty to develop online trainings for clinical partners.

"Recognizing the tremendous health care needs of underserved, historically marginalized and geographically distant communities, this HRSA award will allow Seattle University to better support training of advanced practice registered nurses, especially to graduate students with underrepresented identities," says College of Nursing Dean Butch de Castro, PhD, MSN/MPH, RN, FAAN. "I so admire and appreciate Dr. Bowie and all others who selflessly committed their time and effort to apply for this funding. This pursuit truly reflects our college's mission to take action in ways that will transform health care in order to create a just and humane world."

This grant aligns with the mission of the College of Nursing to improve health care access while educating nursing professionals to care for communities and populations they represent. Currently, BIPOC students comprise roughly 55% of all DNP students.

"I think one of the reasons we were awarded the grant is because we place such emphasis on serving the underserved and routinely partner with heath care agencies who share our mission and values," says Dr. Bowie, who has been at the College of Nursing for 23 years.

"Of all the things I have accomplished during my time at SU, increasing the diversity of our student population is something I am most proud of. However, there is more work to be done in this area and I am thrilled that with this HRSA award, we have the opportunity to build on this work to create a more inclusive environment for our students."

Here is more from Dr. Bowie on the impact this grant will have not only in training the next wave of nursing professionals but also on the college as a whole.

What does it mean for you and the work of supporting doctoral students in the college to receive a grant like this?

"I can't tell you how much this grant means to me—not only because it will provide scholarships for about 36 students each year, but also because it will support some of our students who will do their clinical practicum in rural places such as northeast Montana and southwest Washington. The grant will provide travel and room funding for students who travel to the specific clinical agencies identified within the grant. We send our students all over the state to gain valuable clinical experiences as it is challenging to find preceptors who are willing to give up their time to mentor a nurse practitioner student. When students travel to other areas or states, it is typically on their dime."

This grant covers partial scholarships for doctoral students in primary care, midwifery and psychiatric mental health. Is it focused on these three areas because of a need or gap in the health care industry?

"Yes, exactly. The Health Resources and Services Administration is trying to increase the number of primary care providers in these three specific specialties, particularly to increase providers who care for patients in underserved urban and rural areas. I think one of the reasons we were awarded the grant is because we place such emphasis on serving the underserved and routinely partner with heath care agencies who share our mission and values."

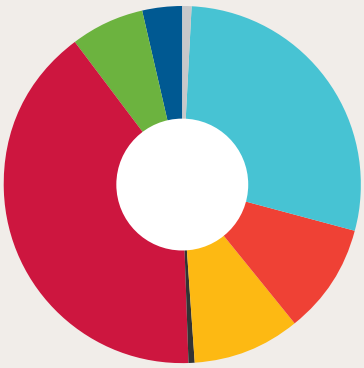
Can you tell me about how this will also help create a BIPOC peer mentorship program and what that looks like?

"One of the goals we needed to speak to in the Advanced Nursing Education Workforce grant application was our plan for increasing and retaining BIPOC DNP students. In 2019, under the guidance of our then new Admissions Specialist, Oz Sener, we adopted a more holistic admission process for the DNP program. In 2020, Sener proposed hiring five of our current DNP students as Diversity Ambassadors who would attend recruitment and orientation events, meet with prospective students and answer their questions. This program has been very successful and so we proposed building on the Diversity Ambassador program with something similar for supporting current BIPOC students.

"The BIPOC peer mentors will be paid a small stipend to organize quarterly meetings for networking and support of their peers. There is

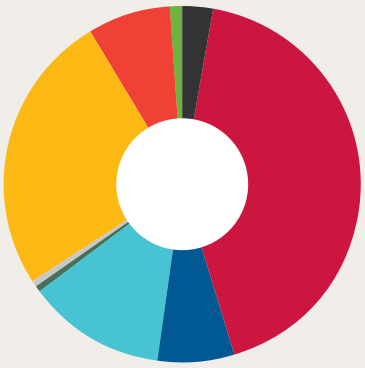
ETHNICITY OF STUDENTS

All demographic data below is based on Fall 2023 student enrollment for the College of Nursing.



GRADUATE NURSING

Non-US residents (international)	0.9%
Asian*	28.4%
Black or African American*	10.0%
Hispanic or Latino	9.7%
Native Hawaiian or other Pacific Islander	0.6%
White*	40.3%
Two or more races	6.6%
Race/Ethnicity unknown	3.4%



UNDERGRADUATE NURSING

Non-US residents (international)	2.8%
Asian*	42.6%
Black or African American*	6.9%
Hispanic or Latino	12.7%
American Indian or Alaskan Native	0.4%
Native Hawaiian or other Pacific Islander	0.6%
White*	25.4%
Two or more races	7.7%
Race/Ethnicity unknown	0.9%

UNDERGRADUATE DIAGNOSTIC ULTRASOUND

Asian*	40.2%
Black or African American*	8.7%
Hispanic or Latino	16.3%
White*	21.7%
Two or more races	13.0%

**Not of Hispanic origin*

AVERAGE AGE OF ALL NURSING STUDENTS

21 UNDERGRADUATE

31 GRADUATE

also money to invite BIPOC nurse practitioner speakers from the community to serve as role models and mentors and to increase networking. The BIPOC peer mentors will also receive guidance and mentorship from a BIPOC nurse practitioner faculty member. The need for BIPOC peer mentors came from our own students. One of the DNP students, Kimberly Ha, started a grassroots BIPOC peer mentorship program during her first year of the program and I am looking forward to working with Kimberly and other students to design a program that meets their needs."

Do you see this as having an impact in attracting and retaining a more diverse nursing student population?

"Since implementing a more holistic admission process and adding the Diversity Ambassadors, the CON DNP program has increased BIPOC admits by 30%. Currently, BIPOC students comprise 55% of DNP students. While retention of BIPOC students is fairly high at 85%, it is slightly lower than white DNP students (89%). So yes, we are hoping that through the BIPOC peer mentorship program the retention numbers will increase, but more importantly, we want our BIPOC students to feel safe from microaggressions and biases in clinical and classroom settings.

"Another important piece of the grant is to provide 10 nursing faculty each year with the opportunity to attend a yearlong educational program on creating a culturally safe learning environment for our BIPOC students. We are working with Dr. Laura Heider, the Assistant Vice President for Diversity and Inclusion, to create and offer this educational program. We also included money in the budget to develop online training modules for our clinical partners and preceptors on best practices for supporting BIPOC students. Through these measures, we are also hoping that the diversity of our nursing faculty shifts to reflect that of our students over the next few years."

This grant spans four years. What are the specific milestones or targeted initiatives for each year?

"We will track students after they leave the program to see if they are more likely to take a position in a Federally Qualified Health Care Center or other agency that treats underserved populations. We will continue to track admission and retention numbers for DNP students and will measure satisfaction with the BIPOC peer mentorships program with participants."

 Continued from page 9

Hentges, Tayler. *Improving access to care for transgender patients.* Advisor: Alic Shook, PhD, RN.

Horvath, Phoebe Catherine. *Understanding skin tear prevalence and treatment: A quality improvement project.* Advisor: Lisa Abel, DNP, ARNP, WHNP-BC.

Hutton, Sydney Melin. *"So, You're Having a Colonoscopy": A supplemental resource to improve bowel preparation before a colonoscopy.* Advisor: Bonnie Bowie, PhD, MBA, RN, FAAN.

Le, Dang Minh. *Improving confidence and knowledge in Muslim mental health: Cultural competency training for healthcare workers.* Advisor: Elizabeth Gallagher, DNP, ARNP, FNP-BC.

LeVasseur, Wilfred Glenn. *Monogamy... in THIS economy? How health care has failed the consensual non-monogamous patient.* Advisor: Colleen Woolsey, PhD, ARNP.

Ma, Austin C. *An education program to increase knowledge of the Mediterranean Diet for elderly adults: A quality improvement project.* Advisor: Mary Shelkey, PhD, GNP-BC, ARNP.

Marinkovich, Samantha Marie. *Improving healthcare workers hand hygiene compliance in a long-term care facility: A multi-modal infection control strategy.* Advisor: Melissa Owen, PhD, RN, CNE, FHFSA.

Martinez-Parry, Serena Nicole Garcia. *Check-it out: Identifying and limiting cardiovascular risk through self-monitoring blood pressure cuffs in Pacific Islander transgender adults.* Advisor: Jaime Navetta, DNP, MN, RN, CNE.

Mercado, Elaiza Marie Tanagon. *The experiences of African American women on breast cancer knowledge, prevention and screening.* Advisor: Danuta Wojnar, PhD, RN, MN, MED, IBCLC, FAAN.

Misslbeck, David James. *COVID-19 vaccine hesitancy: A qualitative study exploring what influences vaccine decision-making in parents of school-aged children.* Advisor: Benjamin White, PhD, RN.

Monirzad, Pouran. *Increasing health literacy regarding management of hypertension among the Ethiopian communities.* Advisor: Robin Narruhn, PhD, RN.

Nguyen, Lan Hoang. *Instilling confidence in school nurses' response to an earthquake disaster.* Advisor: Annette J. Thomas, PhD, RN.

Olin, Jocelin Eulalia Black. *The Impact of mobile integrated healthcare on patient activation.* Advisor: Diane Fuller Switzer, DNP, ARNP, FNP/ENP-C, ENP-BC, CEN, CCRN, FAEN, FAANP.

Pile, Sadie Paloma Sherman. *Caring for fat bodies: Bridging the gap between intention and practice in primary care.* Advisor: Kelly McBroom, PhD, ARNP, CNM.

Purewal-Nahal, Ravneet Kaur. *Measuring the impact and satisfaction rates of Promotor de Salud-led health programs in Yakima County.* Advisor: Jennifer Fricas, PhD, MPH, RN.

Reyes, Maines. *Spanish speaking students.* Advisor: Kristen Swanson, PhD, RN, FAAN.

Rocheleau, Justine. *Safe care transitions and medication distribution at camp for youth with disabilities.* Advisor: Suzan Knowles, DNP, MN, RN-BC.

Roderick, Marie Nicole. *Identifying barriers to intimate partner violence screening amongst primary care staff.* Advisor: Kristen Swanson, PhD, RN, FAAN.

Samuel, Mark. *The experiences of African women with breast cancer knowledge, prevention and screening.* Advisor: Danuta Wojnar, PhD, RN, MN, MED, IBCLC, FAAN.

Santonil, Shaina Ann Tupas. *Implementation of an adolescent PrEP toolkit for nurses and providers in primary care.* Advisor: Alic Shook, PhD, RN.

Schroeder, Elly Christine. *Using parental perception and preference to influence the delivery of behavioral health in pediatric primary care.* Advisor: Yuting Lin PhD, RN.

Seward, Diane. *Empowering the future nurse practitioner: Optimizing cardiovascular care in the adult women in the primary care setting.* Advisor: Mo-Kyung Sin, PhD, RN, FAAN, FGSA.

Steltz, Kayla. *Preceptor training and new graduate nurse satisfaction.* Advisor: Carrie Miller PhD, RN, CHSE, CNE, IBCLC.

Tat, Amy. *Education program on safe medication administration for nursing assistants.* Advisor: Mo-Kyung Sin, PhD, RN, FAAN, FGSA.

Tran, Sophia Ngoc. *Education intervention to increase awareness about cervical cancer and screening in Somali women.* Advisor: Robin Narruhn, PhD, RN.

Unger, Isabelle Antonia. *Evaluating potential predictors of postoperative opioid use following oocyte retrievals.* Advisor: Patrick Murphy, PhD.

Walton, Kelly Ann. *Therapeutic inertia in the pharmacologic treatment of type 2 diabetes mellitus: Investigation of causes and recommendations for change.* Advisor: Lisa Abel, DNP, ARNP, WHNP-BC.

PSYCHIATRIC MENTAL HEALTH NURSE PRACTITIONER PROGRAM

Ayongaba, Fonabei Etapong. *Reducing coercive measures to improve patient and staff safety by increasing the frequency of risk assessment.* Advisor: Jonnae Tillman, DNP, PMHNP-BC.

Brumbaugh, Amy. *Factors influencing continuity of mental health care for women, jail release to community re-entry: A needs assessment based on lived experiences.* Advisor: Colleen Woolsey, PhD, ARNP.

Cochran, Cordelia R. *Older adults in primary care with substance use disorders: Assessment of self-perceived confidence following implementation of a treatment toolkit for providers.* Advisor: Jila Mirlashari, PhD, RN.

Foster, Sarah Maryellen. *Nurse-provided foot care for populations with severe mental illness: A phenomenological and Swanson's Theory of Caring approach.* Advisor: Colleen Woolsey, PhD, ARNP.

Hawke, Darian J. *Utilizing the Butterfly Hug to reduce distress in emergency department nurses.* Advisor: Annette J. Thomas, PhD, RN.

Hok, Chanraksmey. *The perspective of care providers about barriers to medication adherence among Asian Americans suffering from depression.* Advisor: Jila Mirlashari, PhD, RN.

Joyce, Patricia Marie. *The integration of a behavioral health provider in a university health center.* Advisor: Janiece DeSocio, PhD, RN, PMHNP-BC, FAAN.

Julseth, Michelle Christine. *The effects of Ketamine-assisted psychotherapy on mental health conditions.* Advisor: Suzan Knowles, DNP, MN, RN-BC.

Meeks, Andrew Kenneth. *Depression screening insights: A gap analysis.* Advisor: Colleen Woolsey, PhD, ARNP.

Patterson, Duane E. *No blood test for bipolar, no scan for cyclothymia: Accuracy in diagnosing mood disorders.* Advisor: Bonnie Bowie, PhD, MBA, RN, FAAN.

Raether, Ethan. *Reducing coercive measures to improve patient and staff safety by increasing the frequency of risk assessment.* Advisor: Jonnae Tillman, DNP, PMHNP-BC.

Schneider, Andrea Nicole B. *The effects of Ketamine-assisted psychotherapy on mental health conditions.* Advisor: Therry Eparwa, DNP, MSN, RN, FNP-BC.

Schuster, Jessica A. *Exploring PACT staff's perception of safety following implementation of standardized risk assessment.* Advisor: Maura Carroll, DNP, MSN, ARNP.

Strickland, Victoria. *Exploring retention and motivation factors in opioid use disorder treatment.* Advisor: Courtney Foss, DNP, APRN, FNP-C.

Tsegga, Aleysha Honablue. *Enhancing caregiver's depression literacy of children and adolescents in a Snohomish County after-school program.* Advisor: Yuting Lin, PhD, RN.

Waade, Eirin Caroline. *Mitigating secondary traumatic stress with mindfulness-based interventions for nursing students and frontline healthcare workers.* Advisor: Heather Balser, DNP, MSNEd, RN, RYT.

Walker, Laura A. *Factors influencing continuity of mental health care for women, jail release to community re-entry: A needs assessment based on lived experiences.* Advisor: Colleen Woolsey, PhD, ARNP.

POST-MASTER'S HEALTH SYSTEMS LEADER DOCTOR OF NURSING PRACTICE PROGRAM

Jensen, Kristin M. *Afferent limb performance and associated patient outcomes.* Advisor: Todd Ray, DNP, ACGNP-BC.

Patterson, Anne Marie. *Advancing nutritional psychiatry: Cultivating knowledge and confidence in psychiatric mental health nurse practitioners.* Advisor: Jonnae Tillman, DNP, PMHNP-BC.

Vandewark, Aurora Catherine. *Self-confidence in clinical decision-making via simulation among pre-clinical nurse midwifery students: Addressing a challenge.* Advisor: Kelly McBroom, PhD, ARNP, CNM.

FUNDING

EXTERNAL AWARDS

NEW

Lauren Bibin, DNP, CHSE, CNE, CNM, "Enhancing simulation fidelity in nursing education," The Hearst Foundation, January 1, 2023-December 31, 2025, $200,000.

Bonnie H. Bowie, PhD, RN, FAAN, "Thriving under the evergreens and big sky: Optimizing primary, mental and maternal health care options in the Northwest," Advanced Nursing Education Workforce, Health Resources and Service Administration, 2023-2027, $2,500,000.

Fatemeh Choupani, PhD, RN, "Cardiovascular disease and genetic risk factors in systemic lupus erythematous," National Institutes of Health (NIH) Seed Grant, $30,000.

Carrie Westmoreland Miller, PhD, RN, "Seattle University nursing simulation lab modernization grant," Washington Student Achievement Council, October 25, 2022-June 30, 2023, $279,034.

Kumhee Ro, DNP, FNP-BC, FAAN, FAANP, Robert Wood Johnson Foundation Health Policy Fellowship Program at National Academy of Medicine, September 1, 2022-Augut 31, 2024, $165,000.

Gayle Robinson, PhD, RN, [Co PI with Lucinda Canty & Reann Moore], "An overdue reckoning on racism in nursing: An initiative to develop anti-racism solutions," Robert Wood Johnson Foundation, University of Massachusetts Amherst, November 15, 2022-November 15, 2023, $250,000.

Alic Shook, PhD, RN, "Using youth-engaged methods to develop a technology-based sexual education intervention for transgender and gender expansive youth," National Institutes of Health (NIH), R21 Exploratory/Developmental Research Grant, Seattle Children's Hospital, September 5, 2022-August 31, 2023, $7,980.

CONTINUING

Bonnie H. Bowie, PhD, MBA, RN, FAAN and **Kristen M. Swanson**, PhD, RN, FAAN, "International Community Health Services Nurse Practitioner Residency Academic Partnership," International Community Health Services (ICHS), July 1, 2019-June 30, 2023, $69,200.

Jean Lowe, PhD, RN and **Kristen M. Swanson**, PhD, RN, FAAN, "SeaMar Community Health Services Nurse Practitioner Residency Academic Partnership," SeaMar Community Health Services, July 1, 2019-June 30, 2023, $69,200.

Alic Shook, PhD, RN, "Using youth-engaged methods to develop a technology-based sexual education intervention for transgender and gender expansive youth," University of Wisconsin-Madison Social Media Adolescent Health Research Team, Technology and Adolescent Mental Wellness (TAM) Program, November 1, 2021-June 30, 2023, $4,500.

Mo-Kyung Sin, PhD, RN, FAAN, FGSA, "Blood pressure, amyloid β and tau, and cerebral amyloid angiopathy: A pathway for Alzheimer's dementia management," National Institutes of Health (NIH), May 1, 2022-April 30, 2024, $268,576.

Mo-Kyung Sin, PhD, RN, FAAN, FGSA, "Blood pressure, microinfarcts, and dementia: A pathway for Alzheimer's disease management," National Institutes of Health (NIH), September 1, 2021-May 31, 2023, $287,982.

INTERNAL AWARDS

NEW

Amanda Heffernan, PhD, CNM, ARNP, "Migration justice and health immersion," Seed Grant, College of Nursing, Seattle University, 2023-2025.

Yuting Lin, PhD, RN, "Developing a competency-based standardized patient simulation (SPS) on telehealth nutrition educational counseling for undergraduate nursing nutrition education," Seed Grant, College of Nursing, Seattle University, 2023-2025.

FELLOWSHIPS

Emma Adkins, BA, Selected as Fellow for Patient Advocacy, Diabetes Link Association, 2023.

Jennifer Fricas, PhD, MPH, RN, "Understanding embodiment: A critical connection for improving human and environmental health under Laudato Si' in the Anthropocene," Faculty Fellowship in Research, Institute for Catholic Thought and Culture, Seattle University, 2023-2024.

Elizabeth Gabzdyl, DNP, CNM, ARNP, Selected as Fellow, American College of Nurse-Midwives, 2023.

Carrie Westmoreland Miller, PhD, RN, Selected as Fellow, American Academy of Nursing, 2023.

Kumhee Ro, DNP, FNP-BC, FAANP, Selected as Fellow, American Academy of Nursing, 2023.

Mo-Kyung Sin, PhD, RN, FGSA, Selected as Fellow, American Academy of Nursing, 2023.

Diane Switzer, DNP, ARNP, FNP-BC, ENP-BC, ENP-C, FAEN, FAANP, Selected as Fellow, American Academy of Nursing, 2023.

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DR. GAYLE ROBINSON

DR. GAYLE ROBINSON AWARDED FUNDS FROM THE ROBERT WOOD JOHNSON FOUNDATION TO ADVANCE ANTI-RACIST SOLUTIONS IN NURSING

Assistant Professor of Nursing Gayle Robinson, PhD, MN, BSN, RN, received a grant, led by the University of Massachusetts, Amherst, from the Robert Wood Johnson Foundation in support of *An Overdue Reckoning on Racism in Nursing: An Initiative to Develop Anti-Racism Solutions*. Funds totaling $241,000 enabled Dr. Robinson and her colleagues at University of Massachusetts, Amherst—Drs. Lucinda Canty, Raeann LeBlanc and Gabrielle Abelard—to build upon the work achieved through the interviews and documentaries developed as part of their Reckoning with Racism in Nursing project: ReckoningWithRacismInNursing org

The team presented preliminary results from data collected at the 50th Anniversary National Black Nurses Association Conference. After completing their analysis, they will use the results to plan multiple ways to integrate the information learned, including by expanding anti-racist curriculum and training for nurse leaders and nursing students.

SCHOLARSHIPS

EXTERNAL

Lois Price Spratlen Foundation Scholarship
Cordelia Cochran, DNP '23
Rimisha Lal, DNP '24
Myriam Pierre Oluyinka, DNP '24

Mary Mahoney Professional Nurses Organization Scholarship
Reem Abraha, BSN '24
Jean Claude Biangandu Cisekedi, BSN '24
Mebel Christian-Ezeofor, DNP '26
Lochelle Cox, BSN '25
Abraham Desta, BSN '24
Asmerom Ghirmai, BSN '23
Hawa Hared, BSN '24
Elizabeth Johnson, BSN '24
Lekasia Riley, BSN '25
Summeya Saeday, DNP '25

King County Nurses Association Scholarship
Zoe Evans-Agnew, DNP '25, Basic Award
Asmerom Ghirmai, BSN '23, Basic Award
Roda Hassan, BSN '23, Basic Award
Tamara Marquez, BSN '23, Basic Award
Serah Ombongi, BSN '23 Basic Award
Kate Wright, DNP '25, Basic Award

REACH Scholar, Yale School of Medicine
MarkJason Cabudol, DNP '25

Rosemary Ford Future of Oncology Nursing Scholarship, Seattle Cancer Care Alliance
Katherine Francis, BSN '23

Washington State Opportunity Scholarship (WSOS) Graduate Scholar
Athena Bollozos, DNP '24
Zoe Evans-Agnew DNP '25
Erin Fitzgerald, DNP '24
Lucy Maher, DNP '24
Carlo Moreno, DNP '25
Adrian Nava, DNP '26
Myriam Oluyinka, DNP '24

SEATTLE UNIVERSITY SCHOLARSHIPS

Alfie Scholars
Tyler Andrews, BSN '24
Abraham Desta, BSN '24
Sarah Hall, BSN '24
Elizabeth Johnson, BSN '24
Pratistha Kharel, BSN '24
Lekasia Riley, BSN '24
Samira Ugas, DIUS '24

Sinegal Family Scholarship
Alexa Vivas, BSN '24

Sinegal Graduate Fellowship
Amy Vo, BSN '23
Rosemary Walkup, DNP '27
Shirley Wang, BSN '23
Sophie Wankel, BSN '24

Sue Naef Scholarship
Isabella Mansanarez, BSN '23
Amaya Marin Osorio, BSN '26
Tamara Marquez, BSN '23
Jamilet Martinez-Reyes, BSN '23

COLLEGE OF NURSING SCHOLARSHIPS

Dr. Eileen Ridgway Endowed Nursing Scholarship
Daniela Acuna Aguirre, BSN '24

Harrison Medical Center/Keith and Kathleen Hallman Endowed Scholarship
Audrey Breton, DNP '25
Cathy Ma, BSN '23

Continued on page 16

MARKJASON CABUDOL, '25, ACCEPTED TO REACH SCHOLAR ADDICTION MEDICINE TRAINING PROGRAM AT YALE SCHOOL OF MEDICINE

Recognizing and Eliminating disparities in Addiction through Culturally informed Healthcare (REACH) is a project funded by the Substance Abuse and Mental Health Services Administration (SAMHSA) to the American Academy of Addiction Psychiatry (AAAP) to provide funding to support the cultivation and fostering of minorities as leaders and clinicians in addictions.

MarkJason Cabudol is a doctoral student in the Adult-Gerontology Nurse Practitioner program at Seattle University who said he is "determined to learn how to provide culturally responsive care for underrepresented minority people who inject drugs (PWID) with substance use disorder and to meet the unique needs and experiences of racial and ethnic minoritized PWID by providing evidence based, culturally informed care."

Cabudol said he chose to pursue his degree at SU because "the comprehensive curriculum and institutional values closely align with my goals of pursuing advanced nursing practice and will provide me the skills, knowledge, and attitude to make a positive impact in health care."

As a member of the 2023-2024 class of REACH Scholars, Cabudol is participating in a 1-year educational program, which he hopes will provide him with clinical education, collaboration and mentorship to propel him toward his career goals.

COLLEGE OF NURSING PRIVATE SCHOLARSHIP FUNDING

33 PRIVATELY ENDOWED SCHOLARSHIPS

3 ANNUAL SCHOLARSHIPS

3 NEW SCHOLARSHIPS ESTABLISHED IN 22-23

SEATTLE UNIVERSITY FINANCIAL ASSISTANCE

UNDERGRADUATE AID

92.4%

OF STUDENTS RECEIVE FINANCIAL AID
AVERAGE TOTAL AWARDED: $31,788

GRADUATE AID

69.7%

OF NON-LAW GRADUATE STUDENTS RECEIVE FINANCIAL AID
AVERAGE TOTAL AWARDED: $21,036

For more information about private scholarship funding, contact
Peggy O'Boyle Fine, Senior Director of Development, 206-296-1896, finep@seattleu.edu

DANIELA ACUNA AGUIRRE, '24
EILEEN RIDGWAY OUTREACH SCHOLAR

Established in May 1996, the Dr. Eileen Ridgway Endowed Nursing Scholarship inspires leadership development by encouraging student involvement in community outreach, service, and civic efforts.

Daniela Acuna Aguirre, '24, chose to pursue her BSN at Seattle University, "because it is a smaller program that focuses on the whole person. The transfer cohort is diverse and makes me feel like I belong and am supported by people that share similar experiences. Also, the professors and faculty are caring and make sure you feel supported."

In her scholarship project, "Increasing Resource Access for Spanish-Speaking Houseless and/or Sex Worker Clients at Aurora Commons," Acuna Aguirre addressed language barriers that exist for Spanish-speaking clients by identifying the most frequently needed documents, pamphlets and resources and translating them into Spanish.

"Thanks to this scholarship I have been able to give back to my community. I'm volunteering in a homeless shelter where they need English to Spanish medical translation to offer better health care to homeless and sex workers at the Aurora Ave Commons," said Acuna Aguirre.

She looks forward to receiving her BSN degree adding, "I'm an immigrant from Venezuela. I have been living in the states for 8 years. I'm going to be the first person from my family to graduate in the USA." In her future career as a nurse, Acuna Aguirre would like to focus on Women's Health and improving access to health care for Spanish speakers.

COLLEGE OF NURSING FACULTY, ALUMNA, INDUCTED AS FELLOWS OF THE AMERICAN ACADEMY OF NURSING

Above, left to right: Drs. Carrie Miller, Sofia Aragon, '97, Mo-Kyung Sin, Diane Fuller Switzer, and Kumhee Ro.

Drs. Diane Fuller Switzer, Kumhee Ro and Mo-Kyung Sin along with former faculty members, Drs. Sofia Aragon, '97, and Carrie Miller were inducted as Fellows of the American Academy of Nursing (FAAN) in 2023. Inductees were recognized for their substantial, sustained, and outstanding impact on health and health care.

According to the American Academy of Nursing, approximately 2,900 Fellows are nursing leaders in education, management, practice and research. Fellows represent association executives; university presidents, chancellors and deans; elected officials; state and federal political appointees; hospital chief executives and vice presidents for nursing; nurse consultants; and researchers and entrepreneurs.

Invitation to Fellowship is more than recognition of one's accomplishments within the nursing profession. Academy Fellows also have a responsibility to contribute their time and energies to the Academy, and to engage with other health leaders outside the Academy in transforming America's health system.

FUNDING *Continued from page 14*

Joan S. Emerson Long Endowed Scholarship Fund
Lauren Sturgill, BSN '24

Joan Razore Endowed Nursing Scholarship
Mohsen Akhavan Tabib, DNP '27
Anna Algate, DNP '26
Morgan Casault, DNP '26
Jessica Dang, DNP '26
Samantha Millard, DNP '27
Elisa Montoya, DNP '26
Sage Peterson Henry, DNP '27
Joseph Pfeifer, DNP '25
Liezl Takano, DNP '27
Rosemary Walkup, DNP '27

Terrance C. Kabanuck Scholarship Endowment for International Study
Lily Lines, BSN '24

Kristi Jean DeLaurenti Bridges Endowed Scholarship
Katie Sawtelle, DNP '26
Nathan Tanigami, DNP '26

Mary Buike Memorial Scholarship
Kaci Rexilius, BSN '23

McLellan Nursing Scholarship
Rachel Gilbert, BSN '23
Hannah Mauricio, BSN '23

The Nancy and Lorraine Scholarship in Nursing
Samantha Cruz, BSN '23

Nursing Global Engagement Fund
Aubrey Johnston, BSN '24
Rachel Denzel, BSN '25
Karissa Stevens, BSN '25
Liana Meyer, BSN '24

Patricia Radle Endowed Nursing Scholarship
Willy Tuan Ha, BSN '24
Lekasia Riley, BSN '25

Robert and Jean Reid Family Foundation Endowed Scholarship
Sarah Holden, DNP '25
Michael Profitt, DNP '26
Diana Mirea, DNP '24

Ruth M. Porter Endowed Scholarship
Mae Ann Pondon, BSN '24

Sarah M. Hughes Endowed Scholarship in Pediatric Oncology Nursing
Awa Sonko, BSN '23

The Sauvage Nursing Scholarship
Jordan Franks, BSN '24
Sophie Wankel, BSN '24

Marilyn J. Sylvester, Retired, Endowed Scholarship
Isabel Bailey, BSN '23

Veronica Nooney Bilder Scholarship
Katherine Wright, DNP '25

HONORS

ACADEMIC APPOINTMENTS

ADMINISTRATIVE APPOINTMENTS

DEAN AND PROFESSOR

Robert J. and Mary H. Bertch Endowed Professorship in Nursing Leadership

Butch de Castro, PhD, MSN/MPH, RN, FAAN,

INTERIM ASSOCIATE DEAN FOR UNDERGRADUATE PROGRAMS

Jaime Navetta, DNP, RN, CNE

PROGRAM DIRECTORS

Katherine McCusker, MSN, ARNP, AG-ACNP, Adult-Gerontology Acute Care Program

Teresa van Winkle, MPH, BSN, RN, CPN, Advanced Practice Nursing Immersion (APNI) Program

ASSISTANT PROGRAM DIRECTOR

Jenny Curwen, DNP, ARNP, CNM, FNP-C, Family Nurse Practitioner Program

PROMOTIONS

PROMOTED TO PROFESSOR

Mo-Kyung Sin, PhD, RN, FAAN, FGSA

TENURED AND PROMOTED TO ASSOCIATE PROFESSOR

Robin Narruhn, PhD, RN

EMERITI CONFERALS

DEAN EMERITA

Kristen M. Swanson, PhD, RN, FAAN

PROFESSOR EMERITA

Terri Clark, PhD, CNM, ARNP, RN, FACNM

Danuta Wojnar, PhD, RN, MN, MED, IBCLC, FAAN

NEW APPOINTMENTS/ NEW HIRES

PROFESSOR

Tahereh Najafi Ghezeljeh, PhD, RN

Amy Walker, PhD, RN

ASSISTANT PROFESSORS

Lauren Bibin, DNP, CNM, CHSE, CNE

Fatemeh Choupani, PhD, RN

Amanda Heffernan, PhD, CNM, ARNP

ASSISTANT CLINICAL PROFESSORS

Ambera Dedic, DNP, ARNP

Stanley Kong, DNP, FNP-C, ARNP

ASSISTANT TEACHING PROFESSORS

Malia Alexander, MSN, ARNP

Laawna Murchison, MN-E, RNC-NIC

Emina Polovina Bayomy, DNP, ARNP

Tatiana Chernih, MSN, RN

Katherine McCusker, MSN, ACNP

Robert McJunkins, MSN, RN

Christina Popchoi, BS, RDMS, RVT

Jenny Curwen, DNP, ARNP, CNM, FNP-C

INSTRUCTORS

Yasmin Ali, DNP, RN

Abebe Belete, DNP, PMHNP-BC

Lisa Blechschmidt, MA, BSN, RN

Benjamin Hocutt, MSN, AG-ACNP

Teresa Sagapolutele, BS, BA, RDCS, RVT, CHT

Briana Woodruff, MSN, FNP

ADJUNCT PROFESSORS

Anjanette Allard, DNP, RN, CPN

Elena Atanasova, MSN, RN

Tyler Breier, DNP, RN, PHN

Calvin Choi, MSN, APRN, CPNP-AC, CPN

Pamela Christensen, MN, ARNP, ACCNS-P, CPN

Aime D'Avignon, DNP, MPH, CNM

Christine Delos Reyes, MN, RN, CPN

Christina Funaro-Pagani, DNP, RN

Hannah Harper, MSN, ARNP

Pamela Heron, MSN, RN, PALS

Aime Lopez-Baena, MSN, RN

Sandy Luu, DNP, RN

Monique McGaffeny, DNP, FNP, ARNP

Juniper Moon, DNP, RN, LM

Sarah Rainville, MN, RN

Bernice Rebutiaco, DNP, ARNP, ACNPC-AG, CCRN

Claudia Reed, DNP, WHNP

Bianca Reis, DNP, MBA, ARNP, PMHNP-BC

Jenifer Reyes, DNP, FNP

Jaime Rice, MSN, RNC-NIC

Emma Sedarski, PharmD

Zachary Sigl, BSN, RN

Jud Simonds, DNP, RN, NE-BC

Amy Szysko, MD, MPH, FACEP

Brooke Thompson, MSN, RN

Leslie Villa, DNP, RN

STAFF APPOINTMENTS

PROMOTIONS

Toni Malaspino, Director of Budget and Operations

NEW HIRES

Shauna Hearn, Executive Coordinator

Makeila Kapenda, Clinical Placement Coordinator

Grace Laguna, Undergraduate Academic Advisor

Emme Michler, CPL Administrative Assistant

LEADERSHIP APPOINTMENTS & ACTIVITIES

Jennifer Fricas, PhD, MPH, RN, Governing Councilor, Public Health Nursing Section, American Public Health Association, 2021-2023.

Benjamin Hocutt, Elected, Cardiovascular Team Chapter Representative for the Washington State Chapter of the American College of Cardiology.

Benjamin Hocutt, Achieved Associate in the American College of Cardiology (AACC).

Benjamin Hocutt, Co-Chair, Cardiology Specialty Practice Group, American Association of Nurse Practitioners.

Benjamin Hocutt, Co-Chair, Communications Committee, American College of Cardiology.

Angelo John Mendoza, ARNP, RN, CNM, FAWM, FRSPH, Appointed Commissioner, Chair of Nursing Program Approval Panel A, and Member of Education Subcommittee, Nursing Care Quality Assurance Commission, State of Washington. 2022.

Robin Narruhn, PhD, RN, Appointed Member Consumers of Public Health, King County Board of Health, 2023-2024.

Robin Narruhn, PhD, RN, Editor, Immersion Program: Advances in Nursing Science. Program designed to prepare nurse scholars to serve in the editorial role of a nursing scholarly journal and to learn how to assess scholarship for structural racism. July 15, 2021-through October 28, 2022.

Kumhee Ro, DNP, FNP-BC, FAAN, FAANP, Stakeholder Advisory Committee, U.S. Dept of Health and Human Services-Agency of Health Research Quality National Center for Excellence in Primary Care Research, 2023-2024.

Kumhee Ro, DNP, FNP-BC, FAAN, FAANP, Friends of National Institute for Nursing Research (FNINR) Ambassador for Washington State, 2023.

Mo-Kyung Sin, PhD, RN, FAAN, FGSA, Elected, National Chair, Gerontological Society of America Health Science Section, July 2023.

Diane Switzer, DNP, ARNP, FNP-BC, ENP-BC, ENP-C, FAEN, FAAN, FAANP, Appointed, Membership Committee, American Academy of Emergency Nurse Practitioners, 2023.

Diane Switzer, DNP, ARNP, FNP-BC, ENP-BC, ENP-C, FAEN, FAAN, FAANP, Appointment, SIG Co-chair, American Academy of Emergency Nurse Practitioners, 2022.

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AWARDS

FACULTY

Heather Balser, DNP, MSNEd, RN, RYT, Most Inspirational Faculty, Seattle University College of Nursing, August 2023.

Elizabeth Keating, BS, RDMS, RDCS, RVT, Most Inspirational Faculty, Seattle University College of Nursing, August 2023.

Jaime Navetta, DNP, RN, CNE, Most Inspirational Faculty, Seattle University College of Nursing, June 2023.

Diane Switzer, DNP, ARNP, FNP-BC, ENP-BC, ENP-C, FAEN, FAAN, FAANP, U.S. Surgeon General COVID-19 Pandemic Civilian Service Medal, United States of America for exemplary service to the nation as part of the federal medical response to the COVID-19 pandemic. This medal was issued to civilians who deployed for 30 consecutive or 60 cumulative days to provide medical care to state, territory, tribal, and local partners, December 2022.

STUDENTS

Nicholas Agarpo, BSN '23, Nursing Service Award, Seattle University College of Nursing, August 2023.

Cordelia Cochran, DNP '23, JoAnn McFadden Graduate Student Award, Seattle University College of Nursing, June 2023.

Samantha Cruz, BSN '23, The Spirit of the College of Nursing Award, Seattle University College of Nursing, August 2023.

Olivia Hendry, BS DIUS '23, Academic Achievement Award, Seattle University College of Nursing, August 2023.

Desiree Hernandez, BSN '23, Nursing Service Award, Seattle University College of Nursing, June 2023.

Deanna Nguyen, BSN '23, The Spirit of the College of Nursing Award, Seattle University College of Nursing, June 2023.

Jade Nicole Salle, BS DIUS '23, Cohort Leadership and Service Award, Seattle University College of Nursing, August 2023.

Daniela Terebey, BS DIUS '23, Most Improved Award, Seattle University College of Nursing, August 2023.

Shirley Wang, BSN '23, Sister Mary Ruth Niehoff Award, Seattle University College of Nursing, June 2023.

Jennifer Yee, BSN '23, Sister Mary Ruth Niehoff Award, Seattle University College of Nursing, August 2023.

2023 ALPHA SIGMA NU INDUCTEES FROM THE COLLEGE OF NURSING

Gabriella Angela, BSN '23
Samantha Cruz, BSN '23
Molly Frizzell, BSN '23
Elizabeth Johnson, BSN '24
Michelle Julseth, DNP '23
Kylie Malstrom, DNP '24
Anne Mueller, DNP '24
Hemavattie Ramtahal, DNP '24
Cherish Stack, BSN '24
Erika Vaisvila, BSN '24
Kelly Walton, DNP '23

Cordelia Cochran, DNP 23, receives standing ovation after being named recipient of the JoAnn McFadden Graduate Student Award.

STUDENTS, ALUMNI AND FACULTY PUT LEARNING INTO ACTION

Amanda Heffernan, PhD, CNM, ARNP, Instructor, College of Nursing; Audrey Hudgins, EdD, Clinical Associate Professor, Matteo Ricci Institute; and 11 current and former Seattle University students participated in a weeklong migrant justice immersion trip over Winter Break in 2022.

After meeting together in class, the group put their learning into action by participating in an experience facilitated by Kino Border Initiative, a Jesuit non-profit organization in Nogales, Arizona and Nogales, Sonora, Mexico that provides holistic services and accompaniment to migrants at the U.S.-Mexico border. They engaged in a variety of activities to expand their awareness of border issues, including conversations with migrants, ranchers, medical examiner's office staff and Border Patrol agents.

"It was such a privilege to engage with migrants and their stories on this immersion, and the things I learned will stick with me for the rest of my life," said Elizabeth Eichenberger, BSN '24. "Getting to hear migrants' stories firsthand and see how extremely grateful they are to have someone listen to them amazed me and taught me the power of listening and simply being present with people. The issues with migration are complex and it may take many years to achieve justice, but one thing we can do right now is learn from migrants and accompany them through the adversities they face as they strive for a better life."

"This experience was powerful and important to me," said Katie Sherwood, BSN '23. "Having the opportunity to hear stories of migration and forced displacement firsthand was invaluable, because it helped me better understand the U.S. immigration system and the obstacles stacked against migrants when they are on the move. I believe that I will be a better nurse, community member, and advocate because of this immersion and am very grateful for it."

"Traveling to the U.S.-Mexico border with this group of engaged and compassionate SU students was a truly enriching experience for me as a faculty member," said Amanda Heffernan. "Each night after dinner, I learned from our students as we reflected together on what we had experienced that day. The students listened respectfully to migrants who shared their stories with them at the Kino Comedor [dining hall], visited shelters on both sides of the border, heard a presentation from the Pima County medical examiner, and spoke to southern Arizonan ranchers and Border Patrol agents. Throughout, they held the varying perspectives they heard and the complexities they witnessed with thoughtfulness and care. It was a privilege to be with them on the journey."

The students continued to implement their advocacy and activism plans in winter and spring quarters through engagement with Congressional offices, on- and off-campus presentations and letter writing efforts with migrants in detention.

OUR GRADUATES LIVE OUR VISION OF A MOVEMENT TOWARD SERVICE AND CREATING A MORE JUST, HUMANE WORLD.

DR. JAIME NAVETTA, SU ALUMNA, TO SERVE AS INTERIM ASSOCIATE DEAN FOR UNDERGRADUATE PROGRAMS

Jaime Navetta, DNP, RN, CNE, who began her one-year appointment as Associate Dean for Undergraduate Programs at the College of Nursing on August 1, 2023, is a graduate of both its Doctor of Nursing Practice, '21, and Bachelor of Science in Nursing, '03, programs. She also has an established track record with the undergraduate nursing program having served as both a faculty academic advisor and assistant clinical professor.

Dr. Navetta is a Seattle native who grew up in the Fremont neighborhood. An animal lover, she and her husband have been fostering cats for MEOW Cat Rescue for over 10 years. She says her hobbies include "any kind" of art, gardening, travel, photography, cheering on the Seahawks, reading, and cooking. Among her newer interests are learning to become a beekeeper, reporting that this is her second year with a beehive of her own.

Get to know Dr. Jaime Navetta and about her passion for nursing education.

What made you decide to become a nurse?

"Nursing is a profession where you can apply your skills and personal talents to so many varied roles. I love nursing because you can work in a hospital, in a clinic, in a school, in the community, in policy, in research, and in higher education—all in one career. I chose nursing because it provided me with the flexibility to try different roles and facilitate continued growth throughout my career. Being a nurse is a privilege and I recognize the responsibility that comes with that. We are often with people on their best days, on their worst days, and every day in between.

As someone who loves puzzles, I see nurses as expert puzzle solvers in the way they collect and interpret data, create and collaborate on interventions, and evaluate the outcomes with an eye to continuous quality improvement."

Why did you pursue a career as a nurse educator?

"I am an educator at heart and appreciate being in the classroom with students. I love opportunities to teach students about all the different ways they can engage with the nursing profession and help it to continue to evolve.

I really like being able to help others realize their passion—if I can make that a little easier, or have helped someone find their nursing specialty, or help translate some of the complexities of the nursing curriculum, then I feel like I have made a difference."

As a graduate of both the BSN and DNP program, can you say a little about what drew you to SU, first as a student, and then again to pursue your career?

"I really appreciate the component of the SU mission that focuses on educating the whole person. This concept blends so nicely with nursing and translates to caring for the whole patient, whether that is a whole community, whole school, whole person, whole clinic, or whole family. As a student, that concept just made sense to me. I chose to work here because of the focus on teaching and the relationships between faculty, staff and students. It is important to me that faculty know their students, engage with them and welcome their feedback."

What's your favorite part of teaching and mentoring SU nursing students?

"One of my favorite things is when students have an "ah ha" moment—when a concept starts to make sense or once explained in a different way, the idea takes root. I also love using humor in learning. Whether it is finding the perfect meme, image, or simply sharing a great story to make a point."

Is there any advice you would like to share with your students as they prepare for their careers in nursing?

"Surround yourself with people who lift you up. Find those critical friends and make an agreement that you will tell each other the truth—then agree to take their advice to heart. If they say you are doing a great job, believe them! If they say you are overthinking, believe them! If they say that you need to study more, believe them! Be a critical friend to someone else and seek out ways to support one another in positive ways.

It doesn't matter what paths others take in nursing—find a path that excites you and makes you happy."

"I AM GRATEFUL THAT DR. NAVETTA WILL BRING HER EXPERIENCE, INSIGHTS AND TALENTS TO OUR COLLEGE OF NURSING LEADERSHIP TEAM."

- Dean Butch de Castro

SEATTLE UNIVERSITY DELIVERS A HIGH QUALITY, PERSONALIZED AND IMPACTFUL EDUCATION IN THE JESUIT TRADITION. OUR EXCEPTIONAL FACULTY CARE PASSIONATELY ABOUT EVERY STUDENT'S SUCCESS AND EMPOWERING LEADERS FOR A JUST AND HUMANE WORLD.

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COLLEGE OF NURSING

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