



Stressed? Lonely? Let's Talk About It.

Call our admissions office to
schedule your first appointment

206-302-2300

Our Broadway clinic is steps away from Seattle University and Seattle Central Community College, but our remote team can work with you anywhere in the state.

- In-person therapy
- Online groups
- Secure, HIPAA-compliant telehealth/teletherapy

Ask us about our DBT, Gender Identity Development, and Body Positivity groups!

This program is open to young adults ages 18-28
with Medicaid or private insurance